#### FIRMFOUNDATION

## SHELTER REPORT 2024

FIRMFOUNDATION'S ANNUAL WINTER NIGHT SHELTER



Registered Charity: 1143823



### OUR SHELTER GUESTS



#### Bakkavor pizza night.



#### With Gareth Thomas MP





#### WINTER NIGHT SHELTER 2024

Once again FirmFoundation's Winter Night Shelter opened in January, February and March. A mammoth task made possible by our dedicated volunteers and staff. A huge thank you!

#### SERVING HARROW

For over fourteen years FirmFoundation has been providing a way for Harrow's rough sleepers to leave the street and end their homelessness. During this time there has been a steady increase in the numbers of people sleeping rough in Harrow. People's circumstances often mean limited options and it is here that the work of FirmFoundation is needed.



FirmFoundation received 41 referrals with 28 gaining bed spaces.



#### THE NIGHT SHELTER

Opening on the 1st January until the 31st March, the 2024 Shelter was able to return to its first dormitory style Night Shelter since the Covid-19 pandemic. All guests were able to utilise excellent facilities, enjoying their meals in a spacious selfcontained area, before moving to their sleeping quarters. A cooked breakfast was provided most mornings with a continental breakfast available on the others. We would like to especially thank Trinity Church along with the many teams involved around the borough for their continued support.





From the moment I stepped through your doors, I was greeted with warmth and kindness, which made me feel instantly welcomed and valued... Thank you for going above and beyond to make my time with you enjoyable and memorable.











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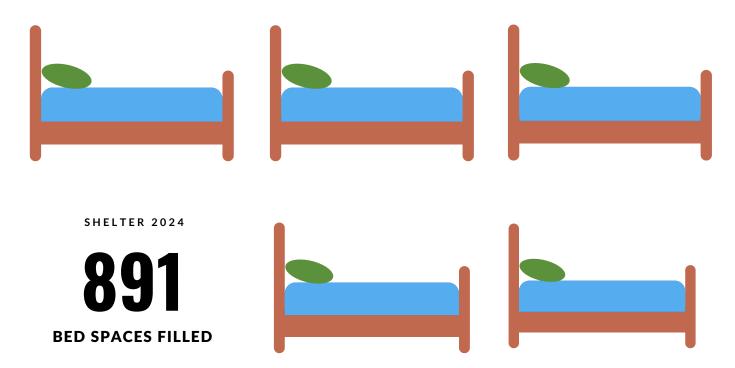


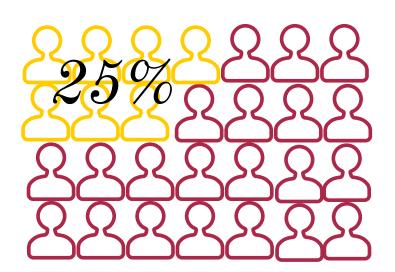
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## 186 Volunteers

## 13 Weeks - 91 Nights







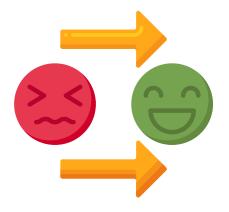
#### MENTAL HEALTH

7 of our guests (25%), presented with Mental Health Issues

#### OF THOSE THAT RESPONDED

100%

indicated that they were less stressed because they had certainty of somewhere to sleep overnight







#### SHELTER CUISINE

Once again the Shelter catering teams out did themselves with guests enjoying fantastic meals throughout their stay. Our guests looked forward to hot and nutritious food each night.

# 26 CATERING TEAMS

INDIVIDUAL SERVINGS OVER 91 EVENINGS

#### OF THOSE THAT RESPONDED

80%

Said the food was excellent, while a further 20% said it was very good.









11 GUESTS INTO ACCOMMODATION AND OTHER GOOD OUTCOMES



LUCKILY I FOUND FIRMFOUNDATION & THE NIGHT SHELTER... THE ONE & A HALF MONTHS HAVE CHANGED MY LIFE. SO MANY THINGS SORTED OUT IN MY LIFE. MY DOCUMENTATION. NOW I HAVE MY ACCOMMODATION SORTED AS WELL.





## SOME OF OUR SHELTER VOLUNTEERS & VISITORS







**GARETH THOMAS MP** 









## **Guest Feedback**



#### **OF THOSE THAT** RESPONDED



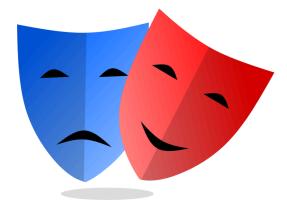
Said that they felt that their 80% Said that they felt that their mental health had improved as a result of staving at the Shelter result of staying at the Shelter

#### **OF THOSE THAT** RESPONDED





Said that their physical health had improved during the Night Shelter.



#### **OF THOSE THAT** RESPONDED



Said that their emotional health had improved.



#### OUR THANKS TO THOSE WHO HAVE SUPPORTED FIRMFOUNDATION

**6 CROWN STREET ENDOWNMENT FUND** 

**HARROW STREET PASTORS** 

ST MICHAEL AND ALL ANGELS CHURCH

KOL CHAI

**KINGS CHURCH** 

SOUTH HARROW METHODIST

**INTERNATIONAL CHURCHES OF CHRIST** 

**ST LAWRENCE STANMORE** 

**ST JOHN THE BAPTIST** 

**PINNER BAPTIST** 

WEALDSTONE BAPTIST

HARROW INTERNATIONAL CHRISTIAN CENTRE

**ST JOSEPH** 

**OUR LADY & ST THOMAS OF CANTEBURY** 

AGAPE

**ISHVER'S TEAM** 

TEAM YASUI

TRINITY CHURCH HARROW

SPECIAL THANKS TO THE SLEEPOVER VOLUNTEERS AND THE MANY INDIVIDUALS WHO CONTRIBUTED THEIR TIME AND EFFORT FOR THE CATERING.



#### OF THOSE THAT RESPONDED

80%

Commented that the service & interaction they had with the volunteers was excellent.



## Conclusion

It was my privilege this year to be part of the team for FirmFoundation's 2024 Night Shelter. Since its inception, FirmFoundation have prioritised the offering of Night Shelter services to those experiencing homelessness in the borough of Harrow. This year was no different, accepting 28 guests who attended our Shelter.

The Shelter allocated 12 bed spaces each evening for male guests. We would like to thank Trinity Church Harrow for partnering with us to provide exceptional facilities to support our guests with safe and warm dormitory style accommodation.

Although the Shelter addresses the immediate need of a place to stay, guests were also able to enjoy the excellent cuisine which was tirelessly prepared by 26 catering teams who volunteered their time. This food was often the highlight of our guest's stay during the Shelter. However, FirmFoundation also works to end homelessness and we are delighted to report that at least one person each week was either housed or received positive outcomes. We continue to seek these solutions to assist clients even after the shelter has closed its doors.

Thank you again to everyone that has offered their time and energy to practically touch and enrich the lives of some of the most vulnerable in our society.

Barry Willard Night Shelter Coordinator FirmFoundation



PROVISION • SUSTAINABILITY • PREVENTION

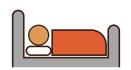


## Weekly Drop-ins

## Hope Place Supported Accommodation



## The Ark Supported Accommodation



## **Night Shelters**

www.firmfoundation.org.uk

